

Cross Country Program

2025

8:15 a.m. Officials meeting			
8:25 a.m. Walk the course			
Event No.	Event Time	Age Division	Distance
1	9:00 a.m.	Boys 18 / 19 years (2007 – 2006)	8km
2	9:35 a.m.	Boys 16 years (2009)	6km
3	9:40 p.m.	Girls 18 / 19 years (2007 – 2006)	6km
4	10:10 a.m.	Boys 17 years (2008)	6km
5	10:40 a.m.	Boys 11 years (2014)	3km
6	10:55 a.m.	Girls 11 years (2014)	3km
7	11:10 a.m.	Boys 12 years (2013)	3km
8	11:25 a.m.	Girls 12 years (2013)	3km
	11:40 a.m.	Break for Officials	
9 & 10	12:05 p.m.	Boys Multi Class 13 -19yr (2012 – 2006) & Boys 13 years (2012)	3km
11 & 12	12.20 p.m.	Girls Multi Class 13 -19yr (2012 – 2006) & Girls 13 years (2012)	3km
13 & 14	12:35 p.m.	Boys Multi Class 10 -12yr (2015 – 2013) & Boys 10 years (2015)	2km
15 & 16	12:50 p.m.	Girls Multi Class 10 -12yr (2015 – 2013) & Girls 10 years (2015)	2km
17	1:05 p.m.	Boys 14 years (2011)	4km
18	1:10 p.m.	Girls 14 years (2011)	4km
19	1:30 p.m.	Boys 15 years (2010)	4km
20	1:35 p.m.	Girls 15 years (2010)	4km
21	1:55 p.m.	Girls 16 years (2009)	4km
22	2:00 p.m.	Girls 17 years (2008)	4km
APPROX. CONCLUSION OF RACES 2.20PM			