REGIONAL AQUATHLON & TRIATHLON TRIALS NEWSLETTER

Students & Parents

1. SOUTH COAST SCHOOL SPORT (SSSC) TRIALS DETAILS

The following event is the nominated event for the selection of the 2027 South Coast Aquathlon & Triathlon Team to contest the Queensland School Sport Aquathlon & Triathlon State Championships that will be held in 2027. **NB**. All students trialling for the South Coast 2027 Aquathlon or Triathlon team **MUST** compete in this event.

Details in relation to this designated Regional Trial race for the 2027 South Coast Aquathlon & Triathlon team will be:

Designated Regional Trial: **Aus Tri** All Schools
Regional Trial Venue: Quad Park, Lake Kawana, Sunshine Coast
Regional Trial Date: Saturday 10th & Sunday 11th October 2026
Distances & Age Divisions:

- Students who are born 2016 OR 2015 can only trial for the Aquathlon.
- Students who are born 2014 – 2008 can trial for the Triathlon team or Aquathlon team but can only be selected for one of these events.
- Therefore, if you compete in the Triathlon at the All Schools you are trialling for the Triathlon team.
- If you compete in the Aquathlon at the All Schools, you are trialling for the Aquathlon.
- You may trial for both BUT can only be selected for either the Triathlon or Aquathlon team.

MULTI CLASS age groups:

Age Division Multi- Class		TQ – All Schools event (TQAS) Designated Regional Trial *(Conducted in 2024)* NB. Ages are as at 31 December 2026	State Championship (State) *(conducted in 2025)* NB. Ages are as at 31 December 2027	Distances
(11/12yrs) & (13/14yrs)	**Born 2016/ 2015 2014 /2013**	(2026) - 10/11 & 12/13yrs	(2027) - 11/12yrs & 13/14yrs	**State** 100m swim / 1k run
(15/16) & 17/18/19yrs)	**Born 2012/2011/ 2010 /2009 /2008**	(2026) - 14/15/16 & 17/18yrs	(2027) - 15/16yrs & 17/18/19yrs	**State** 200m swim / 2k run

AQUATHLON age groups:

Youth/Junior / Intermediate / Senior – Saturday & Sunday 11th & 12th October 2025

Age Division Able Bodied		TQ – All Schools event (TQAS) Designated Regional Trial *(conducted in 2025)* NB. Ages are as at 31 December 2026	State Championship (State) *(conducted in 2026)* NB. Ages are as at 31 December 2027	Distances
Youth (11/12yrs)	**Born 2016/2015**	(2026)– 10/11yrs	(2027) – 11/12yrs	200m swim and 2km run
Junior (13 /14yrs)	***Born 2014 /2013***	(2026) - 12/13yrs	(2027) - 13/14yrs	300m swim/2km run
Intermediate (15/16yrs)	***Born 2012/2011***	(2026) - 14/15yrs	(2027) - 15/16yrs	500m swim/ 4km run
Senior (17/18/ 19yrs)	***Born 2010 /2009 /2008***	(2026) - 16/17/18yrs	(2027) - 17/18/19yrs	750m swim/ 5km run

TRIATHLON age groups:

Age Division Able Bodied		TQ – All Schools event (TQAS) Designated Regional Trial *(conducted in 2025)* NB. Ages are as at 31 December 2026	State Championship (State) *(conducted in 2026)* NB. Ages are as at 31 December 2027	Distances
Junior (13 /14yrs)	Born 2014 /2013	(2026) - 12/13yrs	(2027) - 13/14yrs	300m swim/10km cycle/ 2km run
Intermediate (15/16yrs)	Born 2012/2011	(2026) - 14/15yrs	(2027) - 15/16yrs	500m swim/15km cycle/ 4km run
Senior (17/18/ 19yrs)	Born 2010 /2009 /2008	(2026) - 16/17/18yrs	(2027) - 17/18/19yrs	750m swim/20km cycle/ 5km run

2. NOMINATION

Aquathlon, Triathlon and Multi Class Aquathlon competitors MUST nominate via Aus Triathlon All Schools Lake Kawana event and race at this event to be considered for the 2027 South Coast Triathlon team.

In relation to the nomination process:

- Athletes can enquire about the Triathlon Qld All Schools Race through the event webpage. You can find appropriate information about the event including: Race Entry, schedule & costs, Athlete guide & Course Maps

  https://www.triathlon.org.au/qld/allschoolstriathlon/

- **Athletes are to choose the age group of which they will be in 2027 to select the correct event with the correct distances.**

- Multi-Class Aquathletes **must** compete at All Schools

Entries

- Entry into the **Triathlon Qld All School Triathlon event MUST** be done **ONLINE**
- Entry is the **individual athletes / parents' responsibility.** South Coast School Sport **WILL NOT** be entering students into the Triathlon Qld All Schools Race.
- **Entries close when event is full * Late entries are NOT available**
- You are more than welcome to contact TQ on phone 3369 9600 or email events@qldtriathlon.org.au and they can confirm your registration, however you should receive a confirmation e-mail from the registration system.
- **Do not nominate with South Coast Sport Office (as per past processes).**

3. PROCESS at Aus Tri All Schools Kawana Lake Event

- **ALL** South Coast competitors should be sized for a Tri-Suit at the event (if it is your preference, if selected, to compete in this garment) – as SCODY will **ONLY** be available for sizing on Saturday 10th and Sunday 11th October 2026.
  Other South Coast apparel ordering details will be advised closer to the event.

- If a student is unable to finish the selection race due to illness, injury, accident or mechanical fault, they must notify the South Coast School Sport Office Monday 12th October 2026.

4. REGIONAL TEAM SELECTION CRITERIA

	Aquathlon	Triathlon
Youth	10 per gender	
Junior	6 per gender	10 per gender
Intermediate	6 per gender	10 per gender
Senior	6 per gender	10 per gender

- Performances in the trial race listed above will be used to select the team. NB. As per South Coast policy, if approved, special consideration applications will also be considered therefore we announce the selection of the team towards the end of the week after the Aus Tri All Schools event.

  Special Consideration

  If a student is unable to compete in this selection race due to injury/illness or competition at a higher level and they wish to be considered for inclusion in the regional team
  - *Students must complete the Absentee Application for Exemption Form.*
  - *The SSSC office must be contacted directly in order to obtain a copy of this form*
  - *The nomination form must be returned by Thursday 8th October 2026.*

- Successful / unsuccessful competitors will be **notified by email** by the end of the week following the All Schools event of the trials re their inclusion / non-inclusion in the South Coast Team after official results have been finalised.

- All selected team members will receive via email:
  - Detailed team letter
  - Instructions re online payment of levy and ordering team apparel
  - Any other paperwork that may be required

- Students who are selected and unable to compete at the 2027 QRSS State Championships **should notify** the South Coast School Sport Office as soon as possible so a reserve can be notified.

- **No additional competitors** to the selected team will be permitted to enter directly into the Queensland School Sport 11-19yrs Triathlon Championships.

- If selected in the 2027 South Coast Triathlon Team, you will need to make your own travel and accommodation arrangements in Bribie Island. Specific details with respect to the schedule at the 2026 State Championships will be included with the detailed team letter emailed to all students selected in the South Coast team. The State Championship 7th – 9th February 2027.

5. STATE CHAMPIONSHIPS

State Championship:	QRSS Triathlon State Championships
State Championships Date:	Sunday 7th – Tuesday 9th February 2027 (***Competition dates 8th and 9th Feb 2027***)
Venue:	**Sylvan Beach Bribie Island**
Events schedule:	Triathlon Monday and Aquathlon Tuesday - ***To be confirmed***
Relay:	Tuesday - ***To be confirmed***

8. CONTACT DETAILS

Should you have any queries with respect to South Coast **Aquathlon** or **Triathlon** please contact the South Coast Office:

Email: southcoastschoolsport@qed.qld.gov.au
Phone: **5656 6761**

- These races will be the selection trial for the South Coast Schools Aquathon, Triathlon & Multi-Class Team. Please be aware that **NO OTHER** event will be considered as a trial event for selection in the South Coast School Sport Triathlon Team.

- Athletes MUST enter the appropriate race for their respective age group for this event. Selections cannot be made across events particularly if those events are conducted over different distances. Interested athletes MUST go to the website and enter online if interested.

- Normal TQ All School fees are applicable for this race. Please see the website for details.

Please note:

- All Aquathlon & Triathlon athletes students **MUST** trial **at the AusTri All School Triathlon at Sunshine Coast** to be considered for the South Coast Team.