

School Sport South Coast
2018 CERTIFICATE OF COMPETENCE / QUALIFICATION
Hammer / Pole Vault Events

Competitors in **Hammer Throw** and **Pole Vault** events at the Queensland Secondary Schools Track and Field State Championships are required to produce a Certificate signed by an accredited coach in these events (minimum Level Two A.T.&F.C.A. qualification), stating they are competent in the execution of the event and that they have achieved the set State qualifying standard.

Competency for the purposes of this certification means that the student can execute the technique at a standard which is not likely to cause an unreasonable risk to the safety of either themselves, other competitors, or officials.

This certificate must accompany the nomination of the student. District Convenors or District Managers must hand these certificates to the Regional Convenor prior to the start of competition at the Regional T&F Trials on Tuesday 11 September 2018.

Student Details	
Event: _____	Age: _____ Sex: _____
Name of Student: _____	Date of Birth: _____
School: _____	District: _____
Certification	
I, _____ (<i>name of accredited coach</i>) certify that the abovementioned student is competent in the execution of the technique required for the pole vault / hammer throw (delete that which is not applicable) event and that they have attained the required qualifying standard as set out below.	
Signed: _____	Qualification: _____
Date: _____	

NB. Certificate must be signed by an accredited coach in this event (minimum Level 2 Advanced Coach.)

2018 QSS State Qualifying Standards

Hammer Throw

Men 13 Years 28.00 metres 3 kg	Women 13 Years 26.00 metres 3 kg
Men 14 Years 28.00 metres 4 kg	Women 14 Years 27.00 metres 3 kg
Men 15 Years 32.00 metres 4 kg	Women 15 Years 28.00 metres 3 kg
Men 16 & 17 Yrs 35.00 metres 5 kg	Women 16 Years 30.00 metres 3 kg
Men 19 Years 32.00 metres 6 kg	Women 17 Years 32.00 metres 3 kg
	Women 19 Years 27.00 metres 4 kg

Pole Vault

Men 13 - 15 Years 2.30 metres
Men 16 - 17 Years 2.70 metres
Men 18 - 19 Years 3.00 metres
Women 13 - 19 Years 2.00 metres