

REGIONAL 11-12yrs(Age for 2019) Boys & Girls Aquathlon TRIALS NEWSLETTER

Students & Parents

COMPULSORY TRIAL REQUIREMENTS for STUDENTS ATTENDING REGIONAL TRIALS

1. REGIONAL TRIAL PAYMENT

- Online Payment Only! .
- Payments close by the Thursday prior to the trial date (1st November)
- Instructions follow or <https://southcoastschoolsport.eq.edu.au/Supportandresources/Formsanddocuments/Documents/south-coast-documents/Regional-Trial-v2-quick-cliq-instructions.pdf>
- No registration & payments will be accepted on the day.

NB. Students who have not paid online prior to trial will not be permitted to trial.

2. SCHOOL SPORT SOUTH COAST (SSSC) PERMISSION & DETAILS BOOKLET

The process for completing is as follows. All Students / Parents:

1. Must complete the online version SSSC Permission & Details Booklet . Found on SSSC website “Home Page under Quicklinks”.
<https://southcoastschoolsport.eq.edu.au/Pages/default.aspx>
2. Must take printed online completed SSSC *Permission & Details Booklet* to the students school to get the Principal (or nominee’s) signature.
3. Must then bring this fully completed booklet to the regional trials and hand it in to the district managers prior to competition.

NB. If the steps above are not followed the students will not be permitted to trial.

REGIONAL TRIAL DETAILS

<u>AGE</u>	This event is open to 10 & 11 year olds in 2018. ONLY – Students born 2008 /2007.
<u>COST</u>	\$20 gst excl / per student Online Payment Only! . See Regional Trial Payment Requirements above
<u>REGIONAL CONVENOR</u>	Julie Grant
<u>TRIAL DATE</u>	Monday 5th November 2018
<u>VENUE</u>	Evandale Community Park (135 Bundall Rd, Bundall Behind the Gold Coast City Arts Centre)
<u>TIME</u>	7:00am 7:30am Race Brief 8:00am Start (conclude approx. 9:30am)
<u>EQUIPMENT</u>	<p>Each athlete will need to supply their own warm equipment.</p> <p>It is compulsory that:</p> <ul style="list-style-type: none"> • all competitors wear the same footwear in BOTH the run legs of this event. • all competitors to wear a swim cap during the swim leg (provided on the day). • all male competitors MUST wear a swim vest throughout this event, must swim in the vest. (It is advisable that this vest is relatively tight fitting). <p>It is advisable to bring a towel for the transition process. This also helps competitors recognise their equipment when returning to the transition area. Be advised that sun screen and personal water will be essential. Water will be provided for the race but it is required that competitors bring their own water as well for warm up and cool down sessions.</p>
<u>COMPETITION RULES</u>	Qld School Sport 11-12yrs Aquathlon Event is run in conjunction with the Qld School Sport (QSS) 13-19yrs Triathlon Championships. It is a Queensland School Sport Championship. Only students aged 11 & 12 years in 2019 are eligible to enter. Due to the timing of the 2019 State Championships (week 6 of the 2019 school year), it is necessary to conduct the South Coast Aquathlon Regional trial in November of this current year. Consequently, this event is only available to students who are turning 10 years old or 11 years old THIS year (2018) ie. Aged 11 & 12 years in 2019.
<u>NOMINATIONS DUE</u>	Thursday 1 st November 2018
<u>DISTANCES</u>	1.0 km Run 200m Swim 1.0km Run (no bike leg) Note students must be strong competent and confident swimmers to participate in this event.

School Sport South Coast (SSSC)

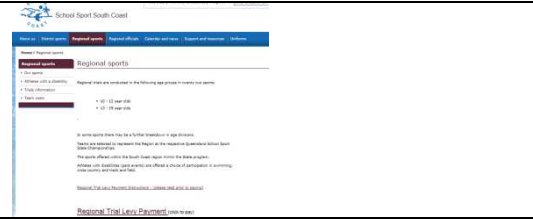

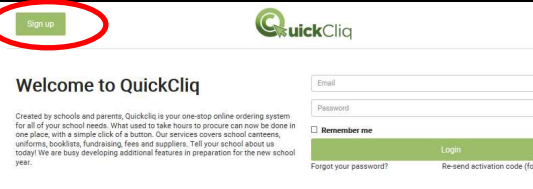

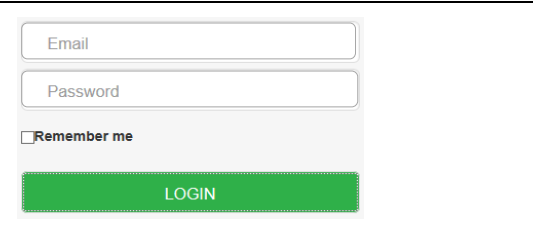
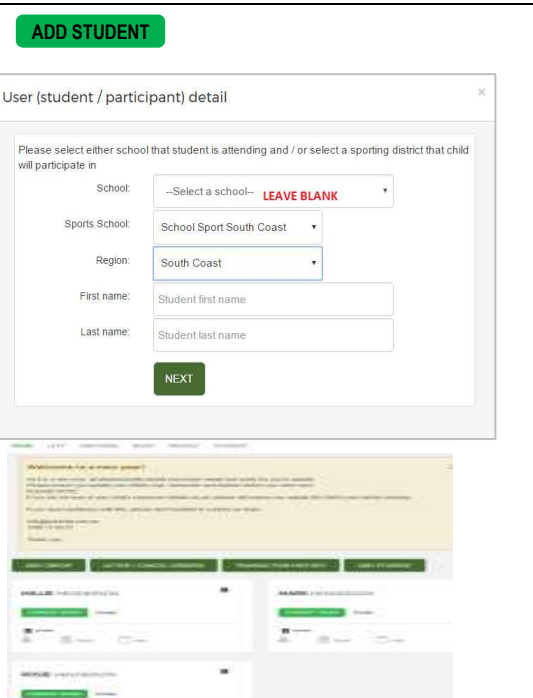
INSTRUCTIONS for REGIONAL TRIAL ONLINE PAYMENTS

If you **have not previously signed up** and activated a Quick Cliq account – **Start at Step 1.**

If you **have signed up** and activated a Quick Cliq account but need to add a student name **Start at Step 7.**

If you **have signed up** and activated a Quick Cliq account and already added student name **Start at Step 8.**

As at 13/2/18

<p>1. SCHOOL SPORT SOUTH COAST WEBSITE</p>	<p>Go To www.southcoastschoolsport.eq.edu.au</p> <p>Click Regional Sports tab</p> <p>Click Regional Trial Levy Payment</p>	
<p>2. QUICK CLIQ WEBSITE</p>	<p>You will be directed to Quick Cliq website</p>	
<p>3. SIGN UP (If you have not already previously registered)</p> <p>GO TO 6. LOGIN - if already registered</p>	<p>Click SIGNUP button (top left hand corner)</p> <p>Complete email details</p>	
<p>4. VALIDATE EMAIL ADDRESS</p>	<p>Follow Instructions to validate email address</p> <p>Click link</p>	
<p>5. ACTIVATION (from activation email)</p>	<p>Activate your user account (following receipt of an email message from Quick Cliq)</p>	<p>Thank you. You have successfully activated your account. Please click Home and logon</p>
<p>6. LOGIN</p>	<p>Enter email address & password</p>	
<p>7. ADD STUDENT</p> <p>GO TO 8. LEVY - if already registered (ie. added a student name)</p>	<p>Click ADD STUDENT button (bottom right)</p> <p>School: Leave Blank DO NOT select a school</p> <p>Sports School: Select School Sport South Coast</p> <p>Region: Select South Coast</p> <p>First Name: Complete Student first name</p> <p>Last Name: Complete Student surname</p> <p>Click NEXT button (bottom centre)</p> <p>Click CLOSE (it will bring you back to Home Page displaying added students name(s))</p>	

<p>8.</p> <p><u>LEVY</u></p>	<p>Click Levy (on top tab)</p> <p>Tick Regional Trial</p> <p>Select a Child</p> <p>Select Region</p> <p>Select Appropriate District *</p> <p>Select Appropriate Trial</p> <p>Select Appropriate Sport</p> <p>Click ADD TO SHOPPING CART</p> <p>* This is important - If unknown go to www.southcoastschoolsport.eq.edu.au Regional sports tab Schools By District link</p> <p>Click CHECK OUT and CHECK OUT again</p>	
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<p>9.</p> <p><u>SHOPPING CART</u></p>	<p>Complete Shopping Cart Order Details</p> <p>Click PLACE ORDER</p>	
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NB. REGIONAL TRIAL LEVY PAYMENTS are always **DUE NO LATER than the **SUNDAY PRIOR TO TRIAL****