


School Sport South Coast

2023 REGIONAL 10-19 Yrs T&F –SUMMARY LETTER for PARENTS / STUDENTS

DATES	<p>The regional trials will be conducted as a 10-19 years event:</p> <p>Specialised Events Trials (Day 0)</p> <p>As in past years all specialised events have been conducted prior to the main Regional Trial dates, at an evening session at the Gold Coast Performance Centre, Runaway Bay</p> <p>THURSDAY 31ST AUGUST (Day 0) Program TBC</p> <p>South Coast Regional Trials (Day 1 & 2)</p> <p>TUESDAY 5 SEP (Day 1) (8:30 a.m. – 4.00 p.m.)</p> <p>WEDNESDAY 6 SEP (Day 2) (8:30 a.m. – 4.00 p.m.)</p>
VENUE	<p>Gold Coast Performance Centre 1 Sports Drive Runaway Bay</p>
PARKING	<p>Officials- Officials will be able to park in the designated Officials parking by taking the second left once entering into the Gold Coast performance Centre off Sports Drive and displaying their parking permit.</p> <p>Bus- Buses will be able to set-down and pick-up Students out the front of the venue. All buses that wish to stay onsite may find parking at the end of Sports Drive in front of the Indoor Stadium based on a first come basis.</p> <p>Spectators- All other parking in and around the sports precinct will be unreserved and available to spectators.</p>
NOMINATION FEES	<ul style="list-style-type: none"> • Online Payment Only! • Payments close by the <u>Sunday prior to the trial date</u> • Go to https://southcoastschoolsport.eq.edu.au/Supportandresources/Uniforms/Pages/Uniforms.aspx • click  Pay now Levies and apparel • No registration & payments will be accepted on the day. • <i>NB. Students who have not paid online prior to trial may not be permitted to trial.</i>
SSSC STANDARD PERMISSION & DETAILS BOOKLET	<p>Students are reminded that they must bring to the Trials</p> <ul style="list-style-type: none"> • a copy of the SSSC - Standard Permission & Details booklet. (fully completed) NB. An electronic version of this document can be found online. If opened in Adobe Reader you will have the ability to type straight into document and save a copy on file for another event. Link is as follows: • https://southcoastschoolsport.eq.edu.au/supportandresources/formsanddocuments/documents/south-coast-documents/2022%20february%20version%20to%20be%20updated%20%20permission%20%20details%20booklet%20%20fillable.pdf • NB. Students will NOT be able to complete if they do not bring this completed booklet to the trials.
CHECK IN	<p>All students are required to</p> <ul style="list-style-type: none"> • check in to their respective district officials prior to competing. • Hand in the SSSC - Standard Permission & Details booklet (fully completed including Principal approval and Project Consent Form Approval) • Once processed, receive a coloured wrist band to indicate they have checked in.
UNIFORM	<p>All competitors must compete in their respective School / District Track and Field uniform ie. No board shorts etc. If identified by any official, competitors not correctly attired may be withdrawn from the event.</p>
CERTIFICATE OF COMPETENCE / QUALIFICATION & ACTIVITY CONSENT/MEDICAL DECLARATION FORM	<p>Students participating in the following events will be required to complete a Certificate of Competence/Qualification & Consent/medical Declaration Form. Please see your Sports Coordinator for an appropriate form (attached). Athletes competing at District, Regional and State Athletics in the below events must use the attached forms:</p> <ul style="list-style-type: none"> • 10-19yr High Jump- if using the Fosbury Flop technique • 10-19yr Discus • 13-19yr Javelin • 13-19yr Hammer Throw • 13-19yr Pole Vault <p>The Competency certificates must be received prior to the commencement of the District Trial. This certificate of competency must be signed off by the correct level stated on the form.</p>

MARSHALLING	Competitors for all events must report to the marshalling tent <u>at least</u> 20 minutes prior to the event
QUALIFIED FOR SOUTH COAST TEAM	If students have qualified for the South Coast Team, they should present to the Regional Team room (underneath the grandstand) for further instructions. Please try on regional apparel if selected in South Coast team.
QUALIFIERS FOR 2023 QSS STATE T&F CHAMPIONSHIPS	<p>The 2023 QSS State Championships will be held from:</p> <ul style="list-style-type: none"> • 10-12yrs Tuesday 10 – Wednesday 11 October 2023 at QSAC, Nathan, Brisbane • 13-19yrs Thursday 12 – Sunday 15 October 2023. at QSAC, Nathan, Brisbane <ul style="list-style-type: none"> • Students should be advised in advance that, if they qualify as members of the Regional Team and choose to accept the invitation to be part of the South Coast T&F team, they would be required to pay the team levy and purchase the Regional Track & Field uniform to be worn at the State Championships plus any optional apparel. • Students need also be advised that no transport or accommodation in relation to these championships will be available. • It is the responsibility of all students who are nominated by the Region for the State Championships to report to the South Coast Regional Team room (underneath the grandstand). This should be done as soon as they ascertain from the event result sheets they have been nominated. This will be indicated by the student's name being highlighted on result sheets posted at the event. <p>10-12yrs South Coast will be allowed to nominate the following competitors in each of the respective boys & girls events</p> <ul style="list-style-type: none"> • Each competitor is restricted to a maximum of five (5) individual events. • 100m Events – Four (4) competitors per age group per event • 200m, 800m & 1500m Events – Three (3) competitors per age group per event • All Field Events – Three (3) competitors (except High Jump where qualifying is not automatic It is based on minimum qualifying standards from state. • Multi Events – Two (2) competitors per age group per event. NB. Multi events counts as 4 events, therefore students will only be able to enter one more additional event if they are selected in the multi event (at state championships). • Relays – One (1) team per event <p>13-19yrs In all events (track & field) :</p> <ul style="list-style-type: none"> • an athlete may only be nominated in the age group for which their age makes them eligible. • South Coast may nominate all athletes who have met the region's selection criteria and attained the state qualifying standard. • If South Coast does not have an athlete who has qualified for a particular event, the region will be entitled to ONE (1) automatic entry for the event. • State qualifying times and distances are listed on Program of Events. See attached documentation. • Each competitor is restricted to a maximum of five (5) individual events.
STUDENTS NOT WISHING TO COMPETE AFTER BEING SELECTED / QUALIFYING FOR SC TEAM	<p>Please ensure that any student that has qualified for the 2023 South Coast T&F team , but does not wish to compete, informs the South Coast Officials at the Trials or immediately thereafter.</p> <p>It will avoid a lot of wasted follow up time and effort if we are aware of those withdrawing ahead of final nominations being submitted to State.</p>

For more information please contact your School Sports Coordinator for specific details